



## Therapeutic Riding

For any adult or child over 2 years of age.

Provide the opportunity for children and adults with developmental or physical challenges to experience the fun and therapeutic benefits of horseback riding, in a comfortable and safe environment. Sessions are available at different farms in Lanark and Renfrew. Volunteers are a vital part of this program and receive training to help with individualized lessons, work with horses and support the fundraising initiatives.



## Family Relief

For all ages.

Provide information and support to families responsible for the care of a child or adult experiencing developmental and/or physical challenges. Assist with applications to funding sources and provide case management services, when appropriate. Provide support for family member to participate in community recreational and leisure activities, facilitate in-home relief/care or out-of-home respite in one of our respite homes.



For more information give us a call at:

# Lanark Community Programs

1-613-257-7121

1-800-667-2617

### Fax:

613-257-2675 Central  
613-257-2209 Family Relief  
613-257-5344 Connections

### Web:

[www.lcp-home.com](http://www.lcp-home.com)

### E-mail:

[info@lcp-home.com](mailto:info@lcp-home.com)



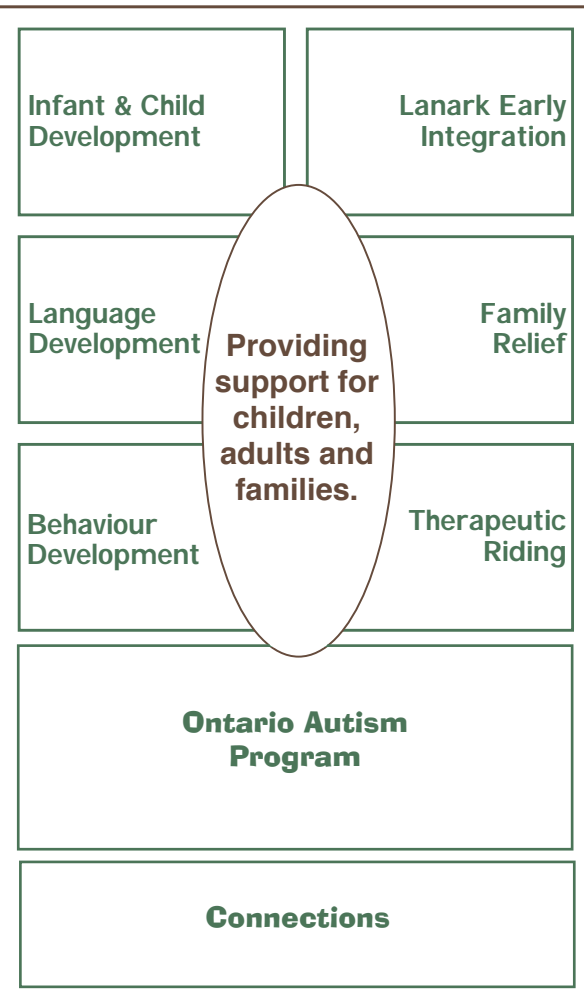
Lanark Community Programs  
30 Bennett Street  
Carleton Place  
Ontario  
K7C 4J9

Most programs are funded by the Ontario Government through the Ministries of: Community and Social Services, Child and Youth Services, Health, Education. Funding is also received from the Public Health Agency of Canada, the County of Lanark and by fund raising.

# Lanark Community Programs



A part of  
Lanark Renfrew  
Health & Community Services



# Who Are We?

We are an organization providing support to adults, children and families, especially those made more vulnerable by developmental, physical or economic limitations.

## How Do We Do This?

- Connect with individuals or families in their **own everyday settings**; home, work, child care, schools or other day programs
- Design a **plan that is unique** to each family or individual
- **Work with other community agencies, child care providers or schools** to help a person develop to their full potential
- Provide **information and workshops** for parents, the general public and other organizations

## Our Programs



### Infant and Child Development

*For families with children up to 5 years of age*

Provide early intervention when there is a concern about a child's development, or there is a diagnosis of, or risk for delays in their development. Assist parents in reading and responding to their child's cues, complete developmental screening if appropriate and facilitate referrals to other community services, if needed. Provide supports if plagiocephaly (baby flat head) is a concern.



### Lanark Early Integration

*For families with a child enrolled in an early learning licensed program.*

Provide support to early learning licensed programs (daycares, nursery schools, playgroups, home daycare) so children with developmental or physical challenges can be included. Help parents link with appropriate services, and then assist with the coordination of those services. Offer support with the child's transition to school.



### Language Development

*For children from Birth to Entering Senior Kindergarten (0-5 years) and adults with developmental delay*

Provide assessments and a range of interventions for preschoolers with communication delays and difficulties. Services are individualized to each client/family and may include consultation, parent education, group and individual intervention. Provide assessment and consultation services for adults with developmental delay in the community setting. Provide public education on topics related to speech-language development and communication strategies.



### Connections

*For families from pregnancy up until the child is 6 years of age.*

Provide support to those who are pregnant or dealing with the challenges of parenting and may have unanswered questions, feel alone or unwell, have little money, or might be coping with being a teenage mom. Participants can benefit from a wide range of supports, including: the Birth Companion Program, Good Food for a Healthy Baby, Home Visiting, Parent Education and Parent and Child Play Groups.



### Behaviour Development

*For adults and children over the age of 2 years.*

Work with the key people in the child's or adult's every day life, teaching new skills and ways of responding that encourage positive changes in behaviour. Support can be provided in home to families and caregivers, as well as in the community. Consultations are also available to Agencies that support adults with developmental delays.



### Ontario Autism Program

*For children and youth up to 18 years of age.*

Children/youth who have been diagnosed with Autism may be referred to the program by a parent or professional.

While waiting for service, parents are offered Foundational Services, which include parent training sessions and workshops on specific topics (skill development, school, anxiety, sleeping, etc).

When a space becomes available, a Family Support Coordinator will engage a Family Service Meeting between the family, therapist and Clinical Supervisor and goals will be identified. The Clinical Supervisor will determine where and when service will occur, based on the child/youth strengths and challenges.